



Introduction from Organizer

Rinjani 100 is an ultra trail race organized at Mount Rinjani National Park, Lombok, West Nusa Tenggara, Indonesia. This race requires strong physical and mental endurance, participants should prepare themselves accordingly. Participants are required to go through medical examination by doctor at hospital of participant’s own choosing. Once this medical certificate is filled, signed and stamped by the said doctor, participants are required to uploaded scanned copy to race website <https://rinjani100.com/> latest by 7 April 2018. Race entry will be cancelled if we do not receive this certificate by that date. Please keep the physical copy and hand it to organizer during Race Pack Collection.

Event: Rinjani 100 Ultra Trail Race
Venue: Mount Rinjani National Park, Lombok, West Nusa Tenggara, Indonesia
Date: 4 – 6 May 2018

MEDICAL CERTIFICATE

I hereby, doctor,
certify that examination of:

Full Name
Date of Birth(date/month/year)
Passport No.

does not reveal any indication against the practice of running in trail running competition.

Date:

(Doctor’s Signature)

Doctor’s Name: *(Hospital’s Stamp)*
Doctor’s Contact No:.....

PARTICIPANT’S DECLARATION

I, Rinjani 100 participant, with identity listed above, hereby give my acknowledgement and consent to the signatory doctor above, to disclose my personal medical information to relevant authorities, when and as needed.

Date:

(Participant’s Signature)

Participant’s Name: